

SAN DIEGO COUNTY
SHERIFF'S DEPARTMENT



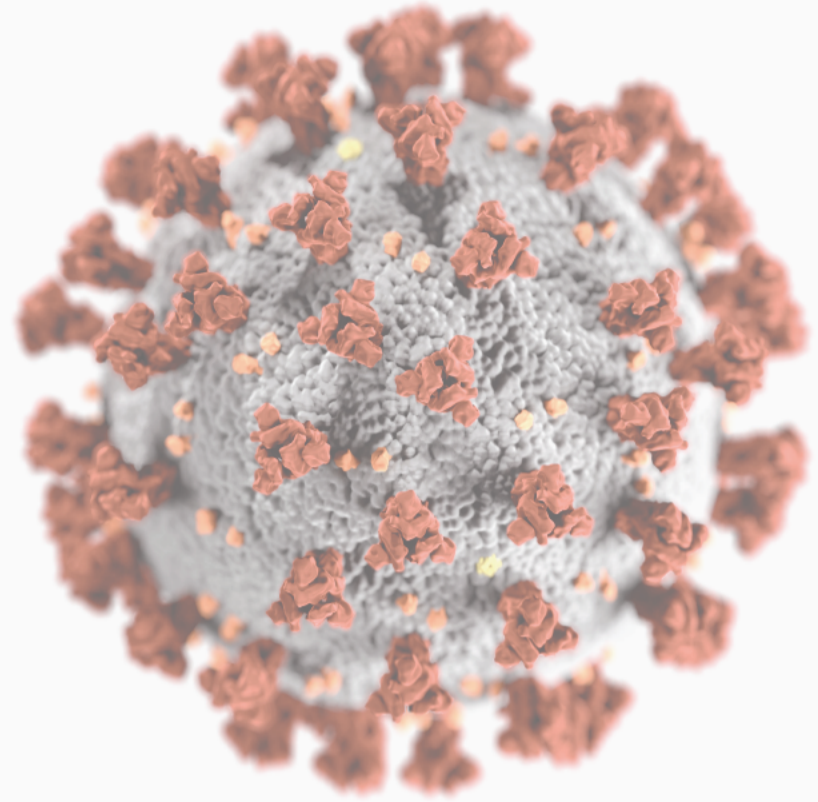
Decontamination

P R O C E D U R E S

COVID-19 | Coronavirus

—

The following information is provided to you as guidance in the event that you have been in close contact with bodily fluids (e.g. respiratory droplets or saliva) from an individual who has COVID-19 or displays COVID-19 symptoms (fever and respiratory symptoms).



INDIVIDUALS WITH COVID-19 have mild to severe respiratory illness

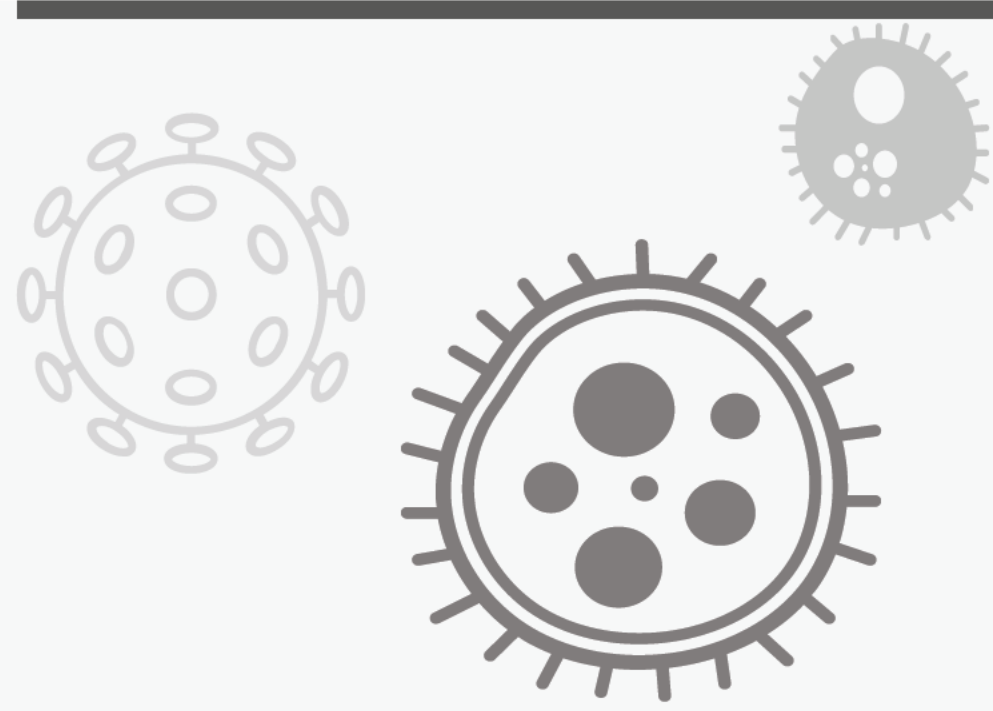
COVID-19 is thought to spread mainly from person-to-person via respiratory droplets among close contacts. Respiratory droplets are produced when an infected person coughs or sneezes and can land in the mouths or noses, or possibly be inhaled into the lungs, of people nearby. Close contact includes: being within 6-ft of an individual for a prolonged period of time or having direct contact with body fluids from an individual with COVID-19.



SYMPTOMS MAY APPEAR IN AS FEW AS 2-DAYS OR AS LONG AS 14-DAYS AFTER EXPOSURE TO THE VIRUS



SYMPTOMS CAN INCLUDE FEVER, COUGH, DIFFICULTY BREATHING, AND SHORTNESS OF BREATH



OUTSIDE OF WORK EXPOSURE

HOW DO I KNOW IF I WAS EXPOSED?

You generally need to be in close contact with a sick person to get infected.

CLOSE CONTACT (WITHOUT PPE) INCLUDES:

- Living in the same household as a sick person with COVID-19
- Caring for a sick person with COVID-19
- Being within 6-feet of a sick person with COVID-19 for about 10 minutes **-or-**
- Being in direct contact with secretions from a sick person with COVID-19 (being coughed on, kissing, sharing utensils, etc.)

If you have not been in close contact with a sick person with COVID-19, you are at low-risk for infection. You can continue to go to work, but should monitor your health for 14-days and stay away from others if you get sick.

DECONTAMINATION PROCEDURES FOR DEPUTIES WITHOUT PPE:



- Wash your hands, face, and parts of your body that were uncovered at a sink or faucet. Use soap and plenty of water.
- Pay special attention to your hands and face. Gently blow your nose, wipe your eyelids, eyelashes, and ears.
- Put the used wipes, cloth, or towel in a separate bag or container so it doesn't get exposed to others.
- Remove outer layer of clothing carefully to prevent any droplets from becoming airborne. Avoid shaking the clothes.
- Put the clothing in a separate bag or container so it doesn't get exposed to others (*follow cleaning guidelines below*).
- Wash your hands thoroughly.
- Go to the nearest facility with a shower and wash your body and hair with soap/shampoo.
- Put on a back-up uniform.
- Decontaminate shoes (*guidelines below*).
- Wash your hands thoroughly.
- Notify your supervisor as soon as possible.

DECONTAMINATION PROCEDURES FOR DEPUTIES WITH PPE:



- Remove gown, if utilized. Roll inside-out and properly dispose of.
- If wearing overshoes/shoecovers, remove them and properly dispose of.
- Remove gloves and properly dispose of.
- Remember to place the used PPE in a separate bag or container so it doesn't get exposed to others. Discard in a waste container.
- Wash your hands with soap and water for at least 20-seconds.
- Remove face shield/goggles/mask (from behind the head, **do not touch the front portion**), if utilized.
- Place eye protection in a separate container for decontamination.
- Wash your hands with soap and water for at least 20-seconds.

DECONTAMINATION OF UNIFORMS AND EQUIPMENT/GEAR



Wear gloves, if available, during this process and wash hands often.

UNIFORM AND SHOES

Wash all contaminated clothing separately from other clothing in hot water with laundry detergent.

Shoe wash:

Mix 1/3 cup bleach per 1 gallon of water in a shallow container. Submerge the soles of the shoes in the container for 10-minutes.

Wipe down the rest of shoes with disinfectant spray or disinfectant wipes.

GUN BELT, OUTER VEST, DUTY GEAR, AND VEHICLE

Use disinfectant spray or wipes to wipe down any area that has been exposed to the virus.

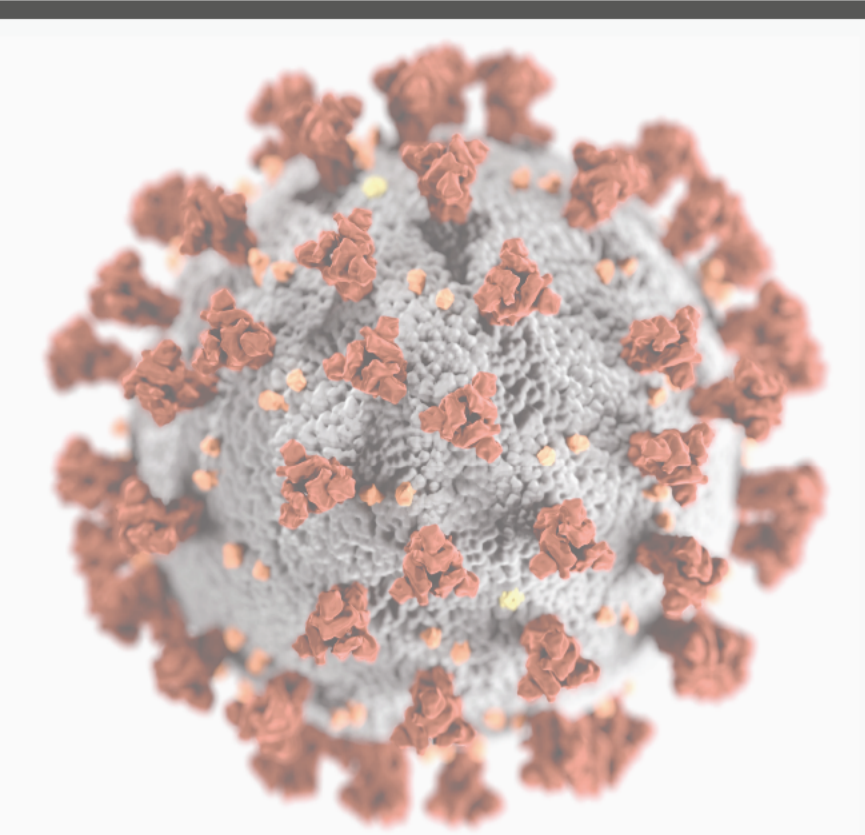
If you transported someone who is suspected to be ill, decontaminate the exposed area in the vehicle.

REUSABLE GOGGLE OR FACE SHIELD

Hand wash item in warm water with a suitable detergent and/or disinfectant.

Allow the item to air dry.

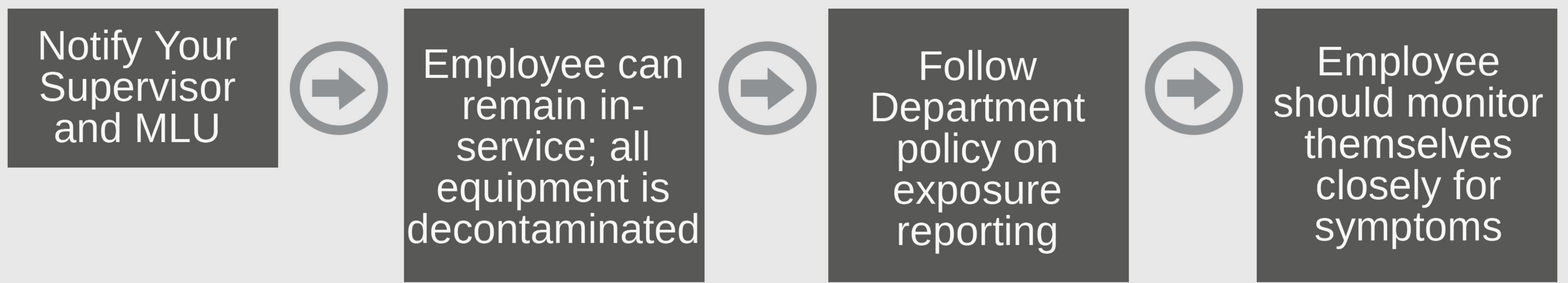
HOW TO PROTECT YOURSELF FROM EXPOSURE AND GOOD REMINDERS



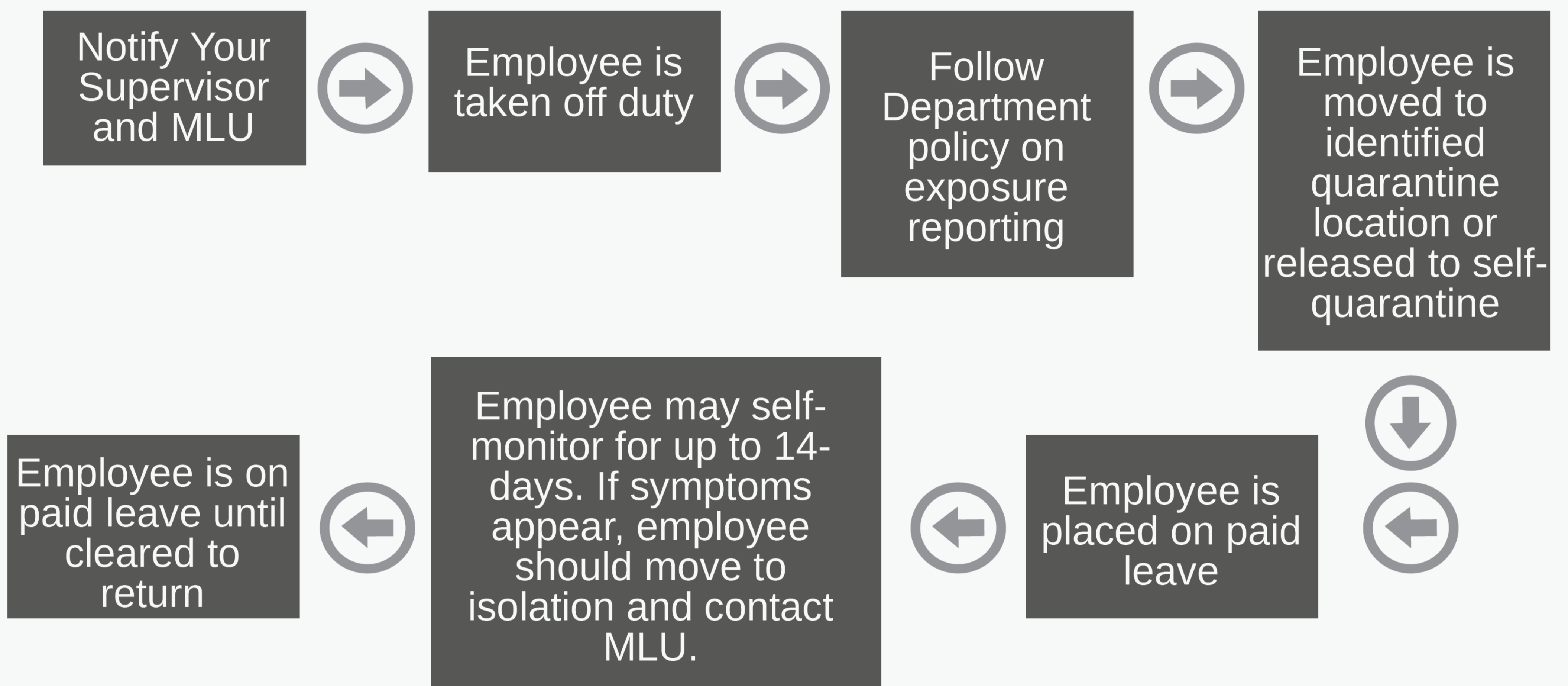
- If possible, maintain a distance of at least 6-feet.
- Practice proper hand hygiene. Wash your hands with soap and water for at least 20-seconds. If soap and water are not readily available and illicit drugs are NOT suspected to be present, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Do not touch your face with unwashed hands.
- Have EMS/EMT assess and transport anyone you think might have COVID-19 to a healthcare facility.
- Ensure the wearing of appropriate personal protective equipment (PPE) when interacting with individuals who have or may have COVID-19.
- Stay home if you feel ill.
- Detentions staff can mask (spit or procedure mask) the person they are working with.
- When transporting individuals, roll-down windows to allow air circulation.
- Place a mask on individuals who have, or may have, COVID-19.

POTENTIAL EXPOSURE SCENARIOS FOR COVID-19

EMPLOYEE IS EXPOSED AT WORK (AND WITHOUT PPE) TO A POTENTIAL COVID-19 PATIENT



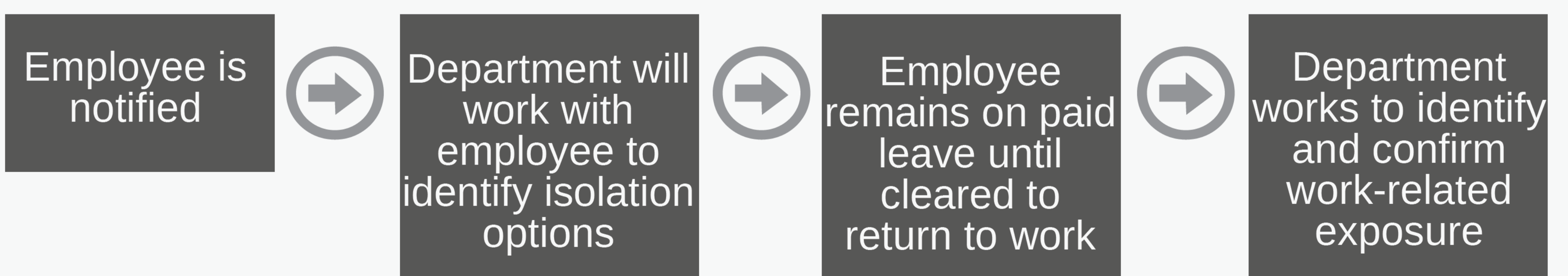
EMPLOYEE IS EXPOSED AT WORK (AND WITHOUT PPE) TO A CONFIRMED COVID-19 PATIENT



EMPLOYEE IS EXPOSED AT WORK (WITH PPE) TO A CONFIRMED COVID-19 PATIENT



EMPLOYEE IN QUARANTINE IS CONFIRMED POSITIVE FOR COVID-19



RESOURCES:

- Call or text MLU for questions and/or notifications: [REDACTED]
- Stay informed: www.coronavirus-sd.com or text **COSD COVID19 to 468-311**
- The Sheriff's Department provides confidential, remote counseling, and other services to employees through **The Counseling Team International** at [REDACTED] and **Employee Assistance Program (EAP)** at [REDACTED]

SOURCES:

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-law-enforcement.html>

<https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf>

