

DATE:	MAY 18, 2022
NUMBER:	K.7
SUBJECT:	MEDICALLY PRESCRIBED DIETS
RELATED SECTIONS:	K.1 , M.2

PURPOSE

To provide medically prescribed diets.

POLICY

Medically prescribed diets for incarcerated persons will be provided as prescribed by a physician's written orders.

PROCEDURE

- I. The medical diets will be prescribed by a facility physician and authorized by the Medical Services Division. The Sheriff's Food Services Division (FSD) nutritionist will review as needed prescribed medical diet orders to ensure compliance with dietary requirements.
- II. FSD personnel will retrieve and utilize the "Diet List" report from JIMS and Tech Care daily.
- III. FSD personnel will ensure the preparation of medical diets by following the written medical diet menus.
- IV. It is the responsibility of the FSD supervisor, or designee, at each facility to review the medical diet trays for compliance with the medical diet menu prior to the delivery of each meal.
- V. The FSD supervisor will ensure that all medical diet tray labels (if utilized) will be in accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPPA) (Public Law 104-191; 45 CFR 160 et seq.) Confidentiality in Medical Information Act California Civil Code S 56 et seq.) to ensure patient privacy. The tray labels will only contain the incarcerated person's name, housing unit, and booking number.
- VI. Sworn personnel will verify each medically prescribed diet is present on the meal delivery cart before leaving the kitchen. In facilities that do not have a sworn personnel in the kitchen, the verification rests on the housing deputy.
- VII. Whenever medical diets are transported to a separate dining area, the diets will be signed for by the receiving agent to ensure the diets are given to the proper individual and treated as a medical prescription.
- VIII. FSD personnel will provide a form for each module containing medically prescribed diets. The form will be signed by the deputy receiving the diets and returned to the kitchen at the end of the meal for records retention.

- IX. If the incarcerated person refuses to accept the prescribed medical diet, the incarcerated person must give a reason for the refusal. The incarcerated person must fill out form J-223.