

DATE:	MAY 18, 2022
NUMBER:	K.1
SUBJECT:	PROVISION OF A NUTRITIONALLY ADEQUATE DIET
RELATED SECTIONS:	K.5 , K.7 , K.8

PURPOSE

To establish guidelines for serving nutritionally adequate meals in all detention facilities.

POLICY

All incarcerated persons will be provided a diet which meets or exceeds Title 15 regulations.

PROCEDURES

I. The Sheriff's Food Services Division (FSD) manager will compile a cyclical master menu. Each item on the menu is prepared from a written recipe kept on file in the Central Production Center (CPC) at the East Mesa Detention Complex.

The Sheriff's Food Services Division nutritionist will annually review the cycle menu and recipes and determine that the portion sizes, allotments, and items are meeting and/or exceeding the Title 15 standards.

A. When deficiencies are found, the nutritionist will meet with the FSD manager to revise the master menu.

B. Any revisions will be included in the master menu and certified as meeting the requirements.

II. Medically prescribed diets are described on the Medical Menu I & II, Medical Combined Menu, Allergy Menu, Clear Liquid & Full Liquid Diet Menus & Pregnancy Diet Menus. Any substitutions have to be approved first by the nutritionist. All menus are on file in each detention facility kitchen and with the Medical Services Division. These diets are prescribed by a doctor and are reviewed annually by the Medical Services Division and the FSD nutritionist.

III. Requests for religious diets and vegetarian diets will be processed according to DSB P&P Section K.8.