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Sheriff

*San Diego County*

**SHERIFF**

## INTENSIFIED FORMAT TRAINING INSTRUCTIONS

### Use of Force and Restraint Devices

Certification #07504403

(Cert Date 6/16/2020)

Duration – 2 Hours

#### Course Summary:

The purpose of this *e-learning course* is to provide deputies with a refresher on the policies and procedures surrounding the department's use of force policy; as well as the proper procedures and techniques used in cell extractions, pro-strait chair placements, cord cuff restraints, tactical leads, and the WRAP restraint.

#### Course Objectives:

At the conclusion of this e-learning course, deputies will be able to:

- Identify department approved procedures and techniques involved in a use of force.
- Identify department approved procedures and techniques when conducting a cell extraction.
- Identify department approved procedures and techniques when utilizing restraint devices.

#### Review the Following Line-Up Training and their Corresponding Standard Presentations:

- [#09 Pro-Strait Chair Procedures](#)
- [#10 Cord Cuff Restraint](#)
- [#12 Cell Extractions](#)
- [#83 Tactical Lead](#)
- [#96 The WRAP Restraint](#)

You have been assigned to complete a 2-hour STC certified ONLINE IFT TRAINING. This includes review of line up training, standard presentations, and all related policy and procedure sections. The entire team should participate in this training. At the conclusion for this training, complete the following:

1. Sign the IFT Roster for STC credit (There should only be 1 original roster for the entire team).
2. Verify that you have completed this activity in the Learning Management System (LMS) by clicking "Yes" to "Have you completed this activity?"

If you have any questions regarding your assigned training, please contact [REDACTED]