

Course Title:		<b><i>Detention Handgun Refresher Course</i></b>	
Certification:		STC # 09040593	
Certification Date:		01/16/20	
Expiration Date:		01/16/22	
Review Date:		05/01/20	
Estimated Time	Topic	Brief Overview of Topic/Instruction	Instructor
15	Administrative Needs & Introductions	Students will fill out PR-1's and Roster. Student and Instructor Introductions	Moon
90	Fundamentals of Marksmanship	Review of fundamentals of marksmanship: Stance, Grip, Trigger Control, Front Sight Focus, Common Shooting Errors, Miselaneous, Cycle of Operation	Moon
15	Safety Briefing & Training Overview	Range safety rules, Weapon safety rules, Emergency procedures. Training Overview: Dry fire drills, Department Qualification, Cross Drill, Dot Drill, Point Shooting Drill, Failure Drill, Spread Fire Drill, Target ID Drill, Lateral Movement Drill, Stu Drill, Prone Shooting Positions, Long Range Handgun Shooting, Department Qualification.	Moon
20	Dry Fire Drill	Isolate key actions allowing the student to focus on individual techniques through repetition.	Moon
25	Cross Drill	Identify common shooting errors by analyzing the target. Emphasis on front sight focus, trigger control, and grip.	Moon

25	Dot Drill	Reinforce fundamentals applied during the Cross Drill with the addition of target transitions.	Moon
25	Point Shooting Drill	Expose students to the technique of target focused shooting instead of sight focused shooting. Emphasis on instinctive rapid combat accurate shooting.	Moon
25	Reload Drill	Improve reload manipulations through repetitive drills. Emphasis on Tactical Reload and Emergency Reload	Moon
25	Failure Drill	Expose students to the possibility of encountering a threat who is wearing body armor and center mass shots are ineffective.	Moon
25	Spread Fire Drill	Expose students to the technique fo engaging more than one threat	Moon
60	Lunch Break		
25	Target ID Drill	Reinforce all of the fundamentals covered during the morning session. Drill incorporates target transitions, emergency reloads, front sight focus, trigger control, grip, and stance.	Moon

25	Lateral Movement Drill	Expose students to the concept of Economy of Movement during transitions. Emphasis on mobility, footwork, stance - body alignment.	Moon
25	Half Moon Drill	Expose student to the technique of moving laterally around objects while simultaneously engaging a threat	Moon
35	STU Drill - Cover & Movement	Expose students to the proper use of cover, shooting from cover, and egressing from cover toward to cover.	Moon
20	Prone Shooting Positions	Expose students to engaging targets from shooting platforms that are not practiced traditionally in a static range. Prone Positions: Olympic / Roll / Combat	Moon
20	Long Range Handgun Shooting	Apply all of the fundamentals of marksmanship covered during the course and test it by successfully striking a steel target from 50 yards away.	Moon
20	Department Qualification	Compare the final qualification target against the first qualification target to check for improvements.	Moon
20	Range Cleanup & Final Debriefing	Ensure range is clean, check for injuries, and hand out evaluations.	Moon
<b>540</b>	<b><i>Total Minutes</i></b>		

## DETENTION HANDGUN REFRESHER COURSE



## FUNDAMENTALS OF MARKSMANSHIP

### TOPICS

STANCE

GRIP

TRIGGER CONTROL

FRONT SIGHT FOCUS

COMMON SHOOTING ERRORS

MISCELLANEOUS

**STANCE:** Hips towards threat

- NATURAL POINT OF AIM – ORIENTATION OF HIPS
- NATURAL RESPIRATORY PAUSE
- 180 DEGREE ENGAGEMENT
- BREAK CONTACT OR MOVE TOWARDS CONTACT

**GRIP:** Hold the gun hard enough for it to not move

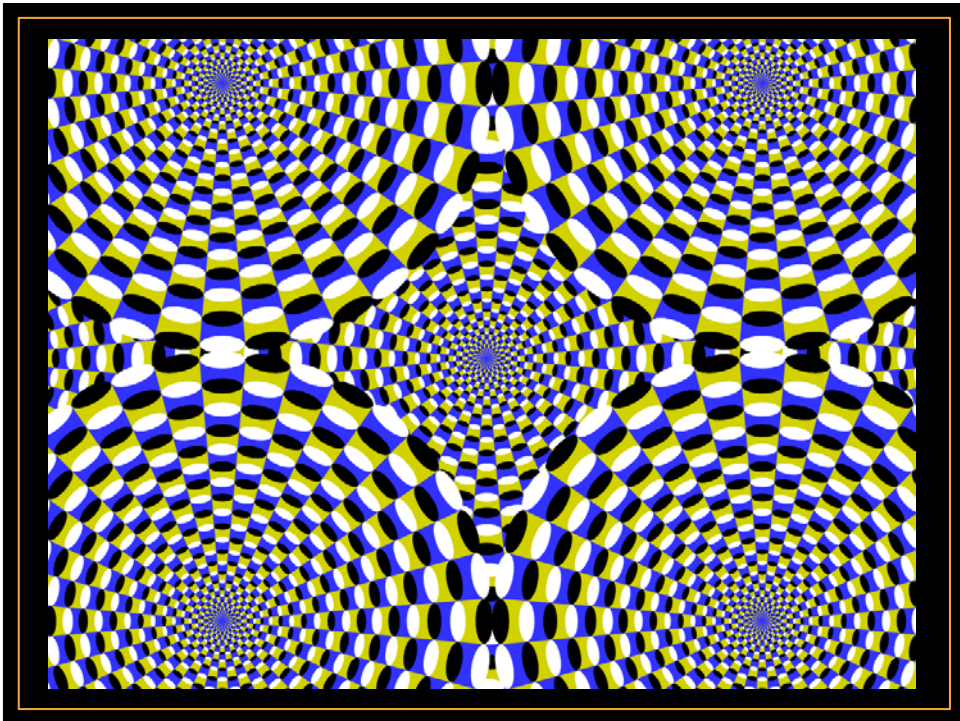
- WEB OF DOMINANT HAND
- SUPPORT HAND THUMB
- DOMINANT HAND THUMB
- GUN SURFACE
- SUPPORT HAND (FIRM) – DOMINANT HAND (REST)

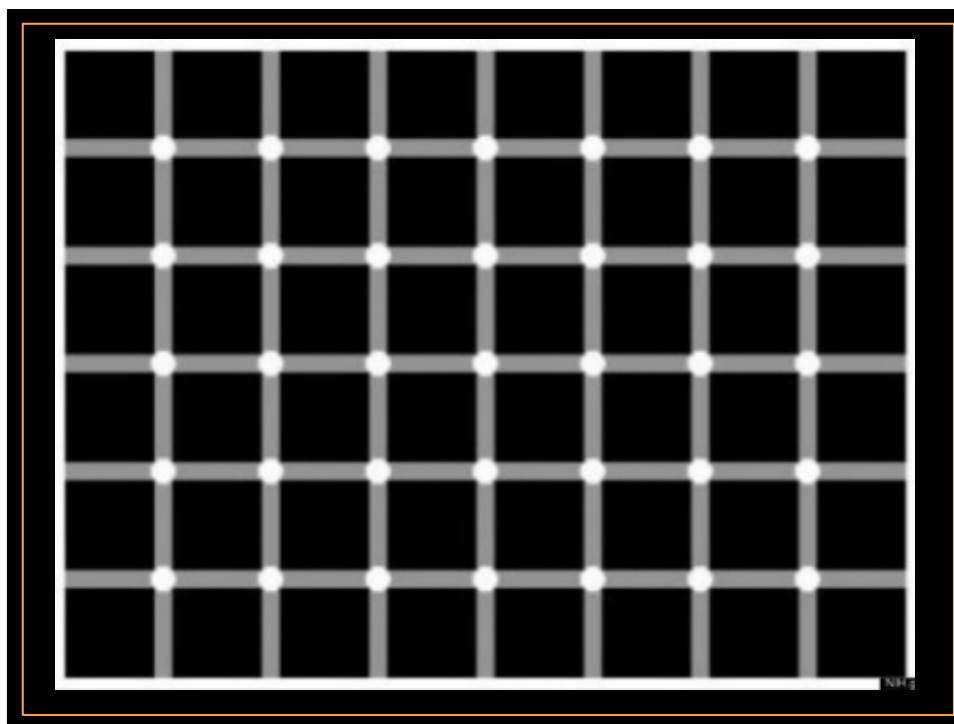
**TRIGGER CONTROL:** *Squeeze trigger without moving gun*

- PADDLE VS POWER CREASE
- “HOOK”
- “L” SHAPE
- SLAP
- TRIGGER RESET

**FRONT SIGHT FOCUS:** *Quickly acquire that front sight*

- HUMAN EYE
- FRONT SIGHT: WHERE THE DOT GOES, THE BULLET GOES.
- BRING SIGHTS UP TO YOUR VISION/LINE OF SIGHT
- DOMINANT EYE / “OTHER” EYE
- SHOOTING WITH BOTH EYES OPEN





## COMMON SHOOTING ERRORS

- ANTICIPATION
- BREAKING WRIST
- SLAPPING THE TRIGGER
- “JERKING THE TRIGGER”
- GRIP READJUSTMENT
- DOMINANT HAND GRIP
- THUMB PLACEMENT



## **MISCELLANEOUS**

- **SAFETY RULES: TREAT, NEVER, KEEP, BE**
- **RELOADS: ADMIN / TACTICAL / EMERGENCY**
- **MOVEMENT: HEEL TO TOE / WALKING WITH A DRINK**
- **SAFETY CIRCLE: SUL / TEMPLE INDEX / COMPRESSED**
- **TRAINING: SKILL DRILLS / SCENARIOS / TACTICS**