| Course Title:       |                   | Detention Active Shooter / IARD Course                 |  |  |   |  |
|---------------------|-------------------|--|--|--|---|--|
|                     |                   | STC #06975277  | DOCUMENT TOUT O CHOOLOT / IT IND COURSE                                      |  |   |  |
| Certification Date: |                   |  |  |  |   |  |
| Expiration Date:    |                   |  |  |  |   |  |
| Review Date:        |                   |  |  |  |   |  |
| Time Block          | Estimated<br>Time | Learning Objective                                     | Topic  | Brief Overview of Topic/Instruction  | Instructor  |  |
| 0700-0715           | 15                | Introduction to Course                                 | Introduction & Course<br>Overview  | Student & Instructor Introductions   Safety Brief & Safety Check   Student expectations & overview of training day.  | CPL Moon<br>CPL Soltero<br>CPL Arredondo<br>CPL Murillo |  |
| 0715-0815           | 60                | Detention Active Shooter                               | Active Shooter Profiles,<br>Combat/Warrior Mindset,<br>Lessons Learned       | Statistical data of active shooters (Profile)   Active Shooter<br>Definitions   First Responder duties (On duty & Off duty)  <br>Decision Making   Combat/Warrior Mindset   Run-Hide-<br>Fight Philosophy   Videos folled by facilitated discussions | CPL Moon<br>CPL Soltero<br>CPL Arredondo<br>CPL Murillo |  |
| 0815-0820           | 5                 | BREAK (08:00 - 08:05)                                  |  |  |   |  |
| 0820-0905           | 45                | Immediate Action Response<br>Deployment (IARD) Tactics | Team Concepts & Formations   | IARD Definitions   Weapons Handling   Response Modes (Contact, Search, Rescue)   Equipment Considerations   Search Priorities   Basic Search Tactics   Contact Team   Resuce Team   IARD Formations   Low-Light Tactics   Flashlight Techniques      | CPL Moon<br>CPL Soltero<br>CPL Arredondo<br>CPL Murillo |  |
| 0905-0915           | 10                |  |  |  |   |  |
| 0915-1045           | 90                | Basic Team Formation and Approach                      | Hallways & Intersections   | Practical Application: Groups of 3-5 deputies will practice manuvering through hallways, and intersections utilizing IARD team formations.   | CPL Moon<br>CPL Soltero<br>CPL Arredondo<br>CPL Murillo |  |
| 1045-1200           | 75                |  | LUNCH (11:45 -12:00)   |  |   |  |
| 1200-1330           | 90                | Basic Team Entry Tactics                               | Doors & Rooms  | Practical Application: Groups of 3 - 5 deputies will practice approaching doorways and entering rooms utilizing the "Dynamic" and "Combat Clearance" methods of room entry.  | CPL Moon<br>CPL Soltero<br>CPL Arredondo<br>CPL Murillo |  |
| 1330-1340           | 10                | BREAK (13:30 -13:40)                                   |  |  |   |  |
| 1340-1540           | 120               | Scenario Training                                      | Scenario 1: Public Lobby<br>Scenario 2: Hospital Scenario<br>3: Admin Office | Scenario Training: Groups of 3 - 5 deputies will be evaluated on their judgement and application of IARD techniques for each scenario.   | CPL Moon<br>CPL Soltero<br>CPL Arredondo<br>CPL Murillo |  |
| 1540-1600           | 20                | Debriefing   | Evaluations and Wrap Up  | Clean up stations   Check for Injuries   Hand out Course<br>Evaluations   Final Debriefing   | CPL Moon<br>CPL Soltero<br>CPL Arredondo<br>CPL Murillo |  |

# Detention Active Shooter I.A.R.D. Course



## LEARNING OBJECTIVES



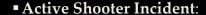
- Active Shooter Profile
- ■Overview of Combat Mindset
- Immediate Action Response Deployment (IARD) tactics.
- Generic Team Concepts
- Formations

## **ACTIVE SHOOTER PROFILE**

- <u>70%</u> of Active Shooter incidents end in 5 minutes or less. Nearly all victims killed within the first 8 minutes.
- <u>98%</u> acted alone and <u>97%</u> of suspects were male.
- <u>74%</u> likelihood that shooter has some connection with the location & <u>40%</u> of shootings occurred at a workplace.
- <u>40%</u> of shooters committed suicide while <u>43%</u> were killed by others.
- <u>57%</u> of the time L.E.A. responders arrived while shots were still being fired & <u>62%</u> of responders will have to shoot the suspect.

Source: CATO Active Shooter Statistical

## **DEFINITIONS**



✓ Ongoing act of extreme violence against innocent civilians.

#### ■ Active Shooter Response:

✓ Rapid commitment of law enforcement with two primary goals: (1) Intervene with deadly force to stop suspects actions / prevent further death & injury. (2) Rescue as many victims as possible once the threat is neutralized.

## **DEFINITIONS**



✓ Suspect discontinues their violent action for a short period of time. Suspect may be moving to a secondary target location, attempt to flee, barricade, or start killing again.

#### ■ Barricaded Suspect:

✓ When suspect decides to take a stronghold instead of fleeing. Suspect may have hostages. If violence continues, responding team must take action and stop the violence.

## FIRST RESPONDERS

- **ON DUTY:** Assess the scene and report
  - ✓ Is this an Active Shooter incident?
  - ✓ Identify the Hot Zone (Area of imminent threat).
  - ✓ Identify control points and response routes.
  - √ Verify scene security.
- **OFF DUTY:** Being a Good Witness Vs. Taking Action.
  - ✓ If taking action while off duty, alert other responding officers of your presence and description (Show I.D. / Follow commands).

## **DECISION MAKING**

- "In any moment of decision, the best thing you can do is the right thing, the next best thing you can do is the wrong thing, and the worst thing you can do is nothing."
  - Theodore Roosevelt.
- 3 Types of decision makers:
  - √ Those who make things happen.
  - ✓ Those who wait and see what happens.
  - √ Those who say, "What just happened?"

## **COMBAT MINDSET**

- Combat mindset is an attitude of awareness, confidence, and purpose — awareness of the situation, confidence in our physical skills, and clarity of our legal and ethical purpose.
- Being effective under stress requires the ability to overcome emotional and primordial impulses that might keep us from performing well under duress.

## **ACUTE STRESS RESPONSE**



#### ■ FIGHT OR FLIGHT REFLEX: Perceived danger to self

The reflex will cause both eyes to open wide and remain open to increase their field of vision and depth perception, to help identify a threat (aka deer in the headlights). You must fight to Survive <u>and</u> Prevail.

#### ■ FREEZE:

A conscious choice must be made to **Fight** <u>or</u> **Flee**. If no choice is made, you will freeze.

The mind's inability to fall back on experience or training will cause an internal conflict resulting in the body not responding.

## PHYSICAL EFFECTS OF FEAR/STRESS

#### ■ Increased Heart and Respiratory rate:

- ✓ Increased metabolic rate (+Oxygen).
- √ May lose control of bodily functions.

#### ■ "Chemical Cocktail" / Adrenaline:

✓ Release of hormones. Ex. Hands shaking

#### ■ Visual Effects:

✓ Brain dilates pupils, causing sensitivity to light and contrast of shapes (-Tunnel Vision).

#### ■ Startle Reflex:

✓ Body instinctually protects its vital organs by hunching into a fighting stance.

### MENTAL EFFECTS OF FEAR/STRESS



#### **■** Tunnel Vision:

✓ Survival instinct to fight a single opponent or fleeing from danger. Focusing on greatest perceived threat.

#### ■ Speed of the Mind:

✓ Brain increases processing speed, causing everything to appear to be in slow motion, including the individual.

#### ■ Auditory Exclusion:

✓ External auditory information is filtered by the mind in order to exclude any sounds assumed to be other than that of the threat. <u>Individual appears to be deaf.</u>

## OVERCOMING THE PHYSICAL AND MENTAL EFFECTS OF FEAR/STRESS



#### ■ Mental Imagery:

✓ Rehearsals, drills, and discussions will help cope with situations encountered in combat.

#### **■ Tunnel Vision & Auditory Exclusion:**

✓ Assess/Scan to break tunnel vision and identify new threats to increase situational awareness.

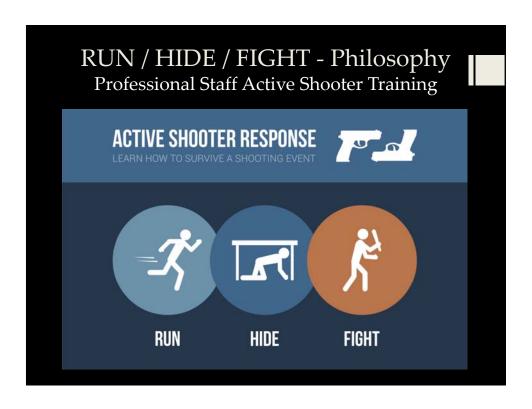
#### ■ Physical Conditioning:

- ✓ Strong body, strong mind. A strong mind, leads to confidence.
- ✓ Breathing exercise to control the effects of higher heart and respiratory rate.

## TRAINING & EXPERIENCE

"Under pressure, you don't rise to the occasion, you sink to the level of your training."

- NSW



## HIGH PROFILE DOMESTIC ACTIVE SHOOTER INCIDENTS

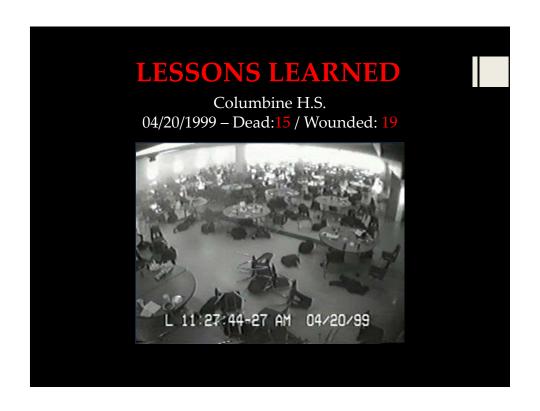


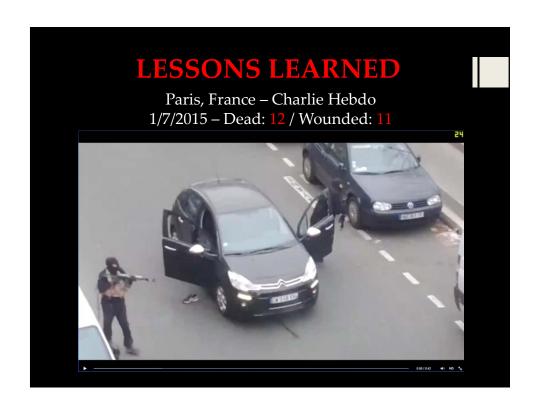
- Columbine: 4/20/1999 Columbine, CO
- Virginia Tech Shooting: 4/16/2007 Blacksburg, VA
- Aurora Shooting: 7/20/2012 Aurora, CO
- Sandy Hook Elementary: 12/14/2012 Newtown, CT
- San Bernardino Attack: 12/2/2015 San Bernardino, CA
- Orlando Pulse Shooting: 6/12/2016 Orlando, FL
- 2017 Las Vegas Shooting: 10/1/2017 Las Vegas, NV
- Borderline Bar Shooting: 11/7/2018 Thousand Oaks, CA

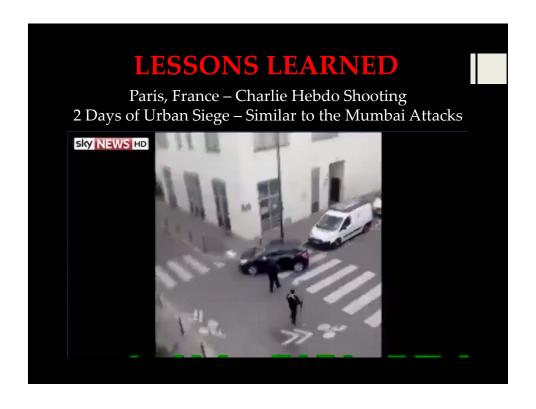
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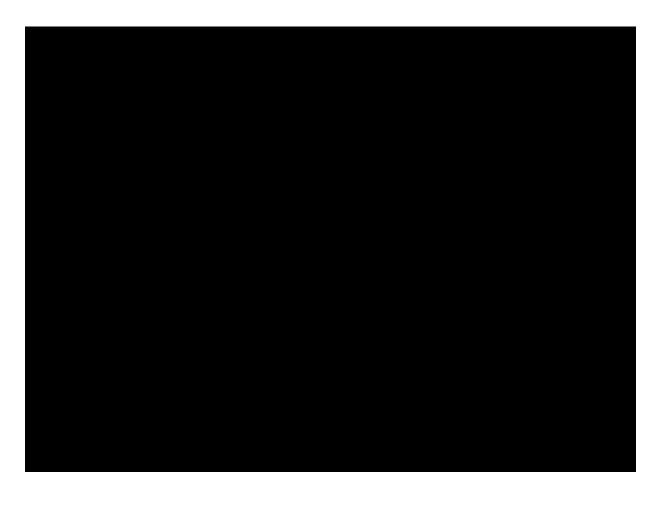


STUDENTS ARE EXPECTED TO BE RESPECTFUL AND BEHAVE PROFESSIONALLY DURING THE COURSE.

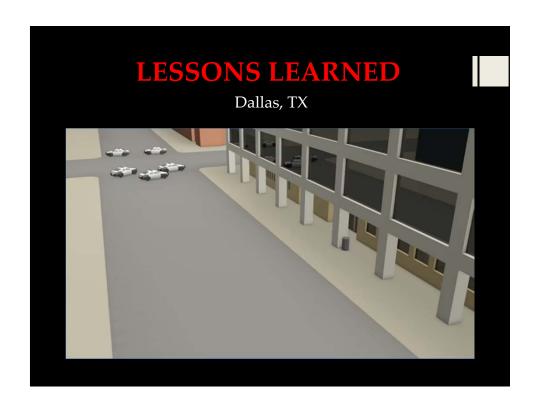










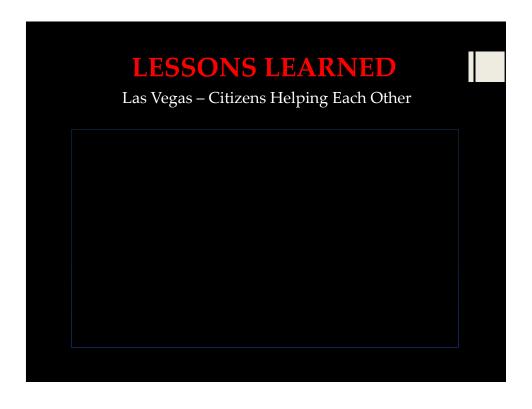


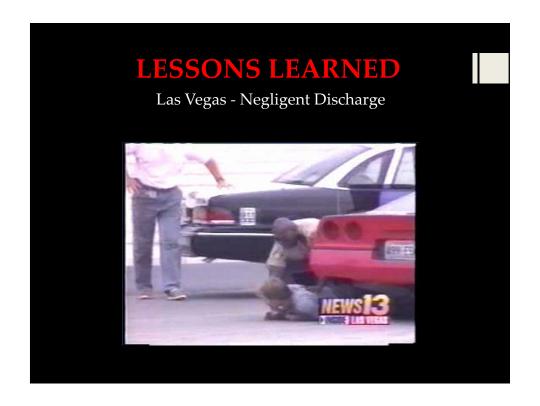


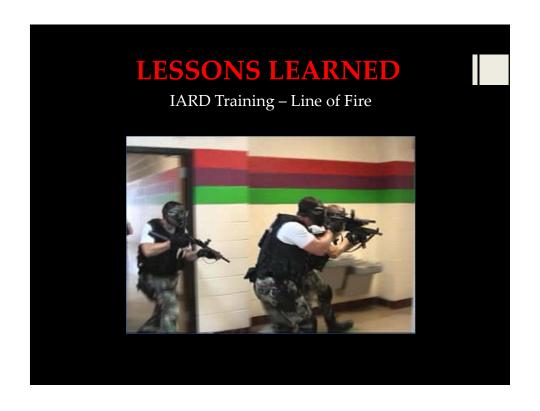


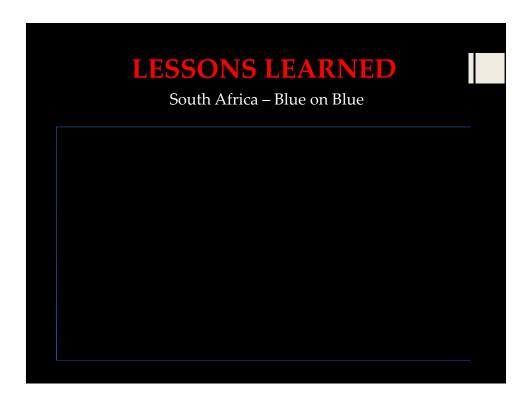




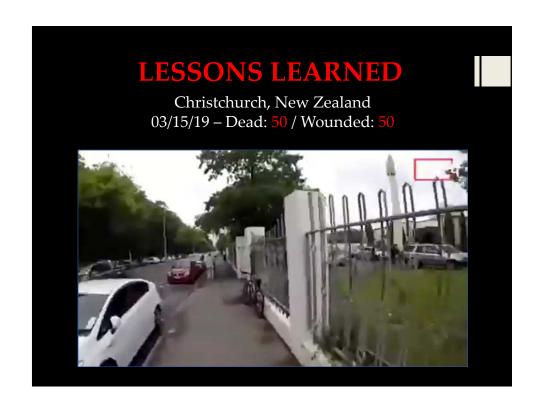










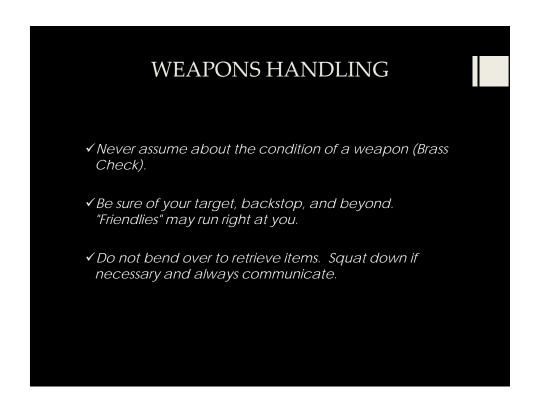


## IMMEDIATE ACTION RAPID DEPLOYMENT (I.A.R.D.)



- This is the swift and immediate deployment of law enforcement personnel in a crisis situation where delays could result in additional death or injury to innocent person(s).
- Rapid deployment is intended to control, contain and neutralize threats.
- Equipment Considerations (Detention).





#### WEAPONS HANDLING

- ✓ Laser Rule: Never allow the muzzle to cover anyone you do not intend to use lethal force against.
- ✓ Master Grip: Finger off the trigger and trigger guard until you make the decision to use lethal force.
- ✓ Use the safety circle technique to keep weapons ready in a environment filled with people (SUL, Temple Index, Compressed Ready, Stock Over Shoulder, Low Ready).

## EQUIPMENT AND OTHER CONSIDERATIONS



- DIVERSIONARY DEVICES
  - ✓ StingBall Grenade?
- BREACHING TOOLS
  - ✓ Sledgehammer?
  - ✓ Bolt Cutters?
  - ✓ 12ga. Shotgun
- BUILDING DOORS
  - √ Commercial? Residential? Opens In? Opens Out?
- LIGHTS
  - ✓ Light Switch? / Flashlight?

## **RESPONSE MODES**



- 1. CONTACT
- 2. SEARCH
- 3. RESCUE

## **CONTACT TEAM**



- MISSION TASKS:
  - ✓ Locate suspect ASAP.
  - √ Continue pass gravely wounded\*.
  - ✓ Limit/Stop further movement of suspect.
  - ✓ End violence and stop deadly behavior.
  - ✓ Communicate progress and provide intel.
  - ✓ Sweep and clear the area for the Rescue Task Force.
  - ✓ When the shooting stops, transition to Search Mode.

## RESCUE TEAM/ RESCUE TASK FORCE(RTF)



- MISSION TASKS:
  - ✓ Enter location and find victims.
  - ✓ Extract victims to Casualty Collection Point.
  - ✓ Fire Department, Paramedics, and Deputies will work together as one element in the Warm zone (No direct threat).
  - ✓ Deputies must stay with non-sworn staff to maintain security.

## SUPERVISORY DUTIES (Sworn & Professional)



- ✓ Start delegating responsibilities (Contact Team / Rescue Team).
- ✓ Direct responding units (SWAT/SED/Etc.)
- ✓ Establish an Incident Command Post.
- ✓ Establish a Casualty Collection Point.
- ✓ Establish a INFO center for Media and Family.
- ✓ Establish a perimeter and prevent victims from fleeing without instructions\*\*\*
- ✓ Lockdown procedures / Evacuation procedures (EOM).









