



William D. Gore
Sheriff

San Diego County

SHERIFF

LINE-UP TRAINING

Cord Cuff Restraint

Topic #10

After discussing/reviewing the below training material in line-up (briefing), sworn staff shall sign off as completed in LMS. In the event a staff member is not present when this topic is discussed in line-up, they shall independently read, review, and complete the training.

Completion of this line-up training topic includes reviewing the associated standardized presentation available on the DTU SharePoint site ([#10 Standard Presentation](#)).

By clicking "Yes" to "Have you completed this activity?" in LMS, you are attesting that you have viewed, read, and completed the training activity.

I. PURPOSE

The purpose of this training is to familiarize sworn staff with procedures in the use of cord cuff restraints.

II. POLICY

Instruments of restraint may be applied to inmates in accordance with outlined procedures and Addendum F. Restraints shall never be used as a form of discipline or a substitute for treatment. All inmates placed in restraints shall be segregated away from other inmates, to prevent abuse.

Cord cuff restraint and The WRAP Restraint System (The WRAP) are the only devices authorized for use when maximally restraining an inmate. When placing an inmate in any maximum restraint device one deputy shall be designated as the "safety deputy." The safety deputy's sole responsibility is to monitor the health and safety of the inmate being placed into the restraint device. If at any time during the placement, the safety deputy determines the inmate may be in immediate physical distress, such that the inmate may suffer serious bodily injury or death, the safety deputy shall immediately stop the placement. Necessary precautions will be taken to ensure the wellbeing and safety of the inmate.

This training is to be conducted in adherence to [DSB P&P Section I.93-Use of Restraint Equipment](#) and Addendum Section F.



b.

[Redacted]

c.

[Redacted]

d.

[Redacted]



e.

[REDACTED]

f.

[REDACTED]

g.

[REDACTED]



h.



i.



D. MOVEMENT OF AN INMATE IN CORD CUFF RESTRAINTS

1. If the maximally restrained subject must be lifted and carried, a minimum of three (3) deputies must be used.
2. One deputy should be positioned on each side of the subject's upper body and lift by the upper arms and supporting the subject's shoulder.
3. One to two deputies should be positioned at the subject's legs.
4. The deputies should lift in unison using their legs (not backs) to avoid injury.
5. Two deputies must be used when transporting a maximally restrained subject so one can maintain constant observation. The transporting deputy should monitor the subject's level of consciousness and breathing while in transport. The deputies must be observant for symptoms of excited delirium.
6. The maximally restrained subject should be seat belted into position on his/her side *facing* the deputies or seat belted in the upright position when being transported.
7. The subject must *never* be placed in a prone position in the vehicle.
8. Whether seated or on his/her side, the subject should be positioned so that the monitoring deputy has a clear visual on the subject.



**Cord Cuff
Restraint**

































