



William D. Gore
Sheriff

San Diego County

SHERIFF

LINE-UP TRAINING

Pro-Straint Chair Procedures

Topic # 09

After discussing/reviewing the below training material in line-up (briefing), sworn staff shall sign off as completed in LMS. In the event a staff member is not present when this topic is discussed in line-up, they shall independently read, review, and complete the training.

Completion of this line-up training topic includes reviewing the associated standardized PowerPoint presentation available on the DTU SharePoint site ([#09 Standard Presentation](#)).

By clicking "Yes" to "Have you completed this activity?" in LMS, you are attesting that you have viewed, read, and completed the training activity.

I. PURPOSE

The purpose of this training is to familiarize sworn staff with policy and procedures for placing an inmate into the department approved Pro-straint chair. This line-up training topic may be utilized in conjunction with the [Pro-Straint chair video](#) which is located online in the video training library.

II. POLICY

This training is conducted in adherence to [Department P&P Section Addendum F](#), [DSB P&P Section I.89-Use of Force](#), [DSB P&P Section I.93-Use of Restraining Equipment](#), and Title 15 Section 1058 – Use of Restraint Devices.

Instruments of restraint may be applied to inmates in accordance with outlined procedures and Addendum F. Each facility shall outline, via a green sheet, the types of restraining equipment available as well as the storage location. In situations dealing with an inmate known to be pregnant, or in recovery; after delivery; refer to [DSB P&P Section M.38 – Pregnant Inmates](#).

III. DISCUSSION


A. Staff shall review and discuss the following topics and procedures related to Pro-Straint chairs as described in [DSB P&P Section I.93](#) and related facility specific green sheets.

1. Authorization for placement and retention in a Pro-Straint chair



2. Discuss and demonstrate (if a Pro-Strait chair is available) the steps necessary to prepare the chair for immediate use. Include:
 - a. Preparation includes daily inspections to ensure the Po-Strait chair is not damaged or otherwise in need of repair.
 - b. Presence and function of all straps and locking mechanisms
 - c. Presence of all D-rings
 - d. All tension straps (For wrists and legs) fully extended
 - e. All tri-folds completely open
 - f. Proper functioning of chair mobility latch mechanism
 - g. Spit mask available at back of chair (suggestion only)

 3. Discuss and review staff/tactical team safety equipment The equipment used by the placement team will depend on what is available, and if time permits donning; at a minimum every deputy should have:
 - a. Helmet with face shield
 - b. Elbow, knee and shin protection
 - c. Chest protection
 - d. Latex gloves or other hand protection gloves (gloves may be removed if they interfere with manipulation of cuffs or straps.

 4. Discuss and demonstrate (if a pro-strait chair is available) the steps necessary to place an inmate into the pro-strait chair. Include:
 - a. Number of deputies required for placement (include requirement for and the responsibilities of the “Safety Deputy”)
 - b. Prior to placing an inmate into the Pro-Strait chair, deputies shall remove any handcuffs and apply leg and waist chains. The Safety Deputy shall monitor this process.
 - c. Waist chains handcuffs must be double-locked to prevent inmates from manipulating them and causing complications such as affecting blood circulation in the wrist.
 - d. Control of all limbs and head during placement.
 - e. Proper order of strap placement and security:


 5. Medical staff presence, assessment, and evaluations (to include circulation check)

 6. Discuss indications of excited / agitated delirium (ED). When encountering someone displaying ED like symptoms, those involved should recognize that the incident may represent a medical emergency as well as a law enforcement matter.
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Staff shall be trained to recognize behavioral cues which may be indicative of excited delirium and require immediate medical attention. Those signs/symptoms may include:

- a. Bizarre behavior
 - b. Confusion and disorientation
 - c. Unusual agitation or excitement
 - d. Shouting/nonsensical speech
 - e. Hallucinations
 - f. Paranoia
 - g. Violence (Including violence against objects – especially glass or mirrors)
 - h. Unexplained strength and endurance
 - i. Intense struggling against restraint
 - j. High body temperature
 - k. Profuse sweating
 - l. Shedding clothes/nudity
 - m. Insensitivity to pain/increased pain tolerance
7. Pro-Strait chair location for observation
 8. Inmate observation and safety checks
 9. Evaluation of need for inmate's continued retention in restraints.
 10. Requirements for placements exceeding two (2) hours
- B. Staff shall review and discuss the following topics and procedures related to reporting and documentation of a Pro-Strait chair placement as described in [DSB P&P Section I.93](#), [DSB P&P Section I.89](#), and [Department P&P Section Addendum F](#).
1. NetRMS (use of force) Incident Reporting requirements
 2. Digital video recordings (portable device/handheld)
 3. JIMS Incident Reporting
 4. J-19A Observation logs

IV. ONGOING TRAINING

Each team should have training in place to practice Pro-Strait chair placement techniques. How frequently training is accomplished will have a direct effect on the success of the placement, the safety of the deputies conducting the placement, and the safety and well being of the inmate.

#09 Pro-Straint Chair Procedures

Detention Service Bureau, Detention In-Service Unit

PURPOSE

The purpose of this training is to familiarize sworn staff with policy and procedures for placing an inmate into the department approved Pro-Straint chair.



POLICY

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DSB P&P I.89

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DSB P&P I.93

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TITLE 15 SECTION 1058

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AUTHORIZATION FOR PLACEMENT

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PRO-STRAINT CHAIR PREPARATION

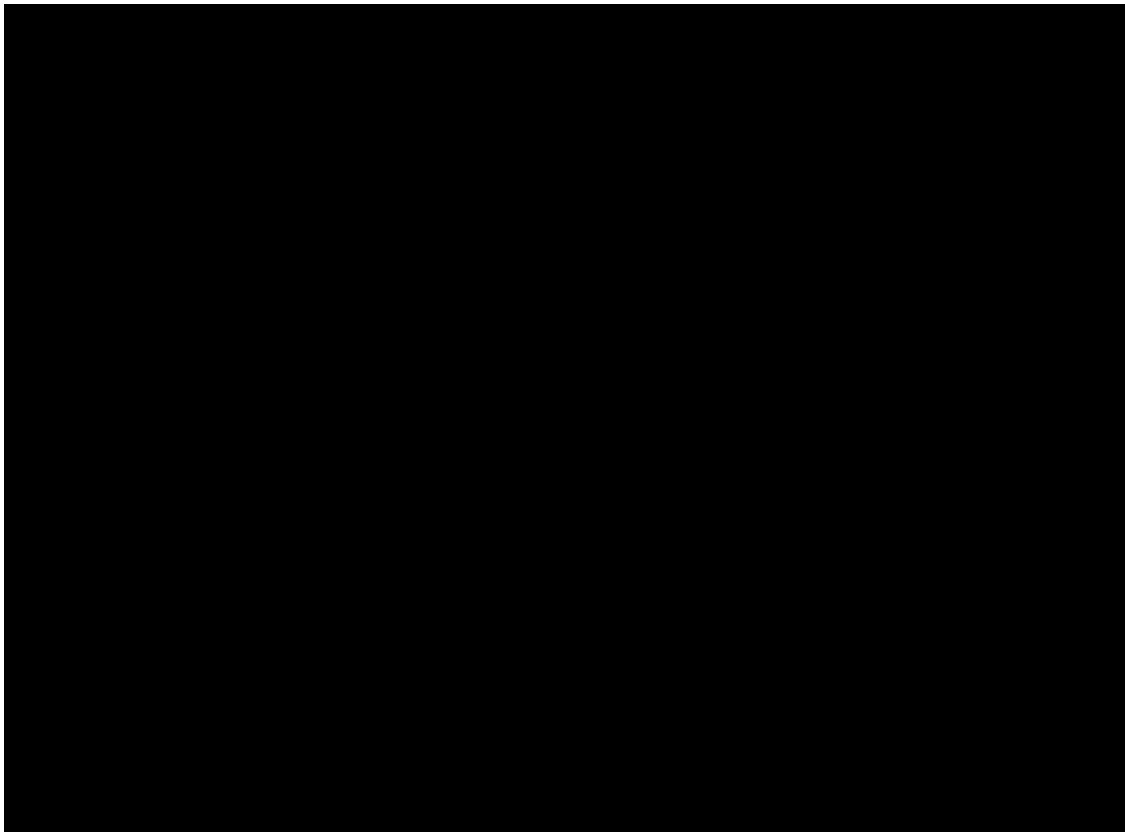
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CHAIR PLACEMENT

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OBSERVATION AND EVALUATION

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**OBSERVATION AND EVALUATION
(MEDICAL)**

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MEDICAL DISTRESS

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MEDICAL DISTRESS

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EXCITED DELIRIUM SIGNS/SYMPTOMS

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REPORTING & DOCUMENTATION

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