



San Diego County

SHERIFF

William D. Gore
Sheriff

TRAINING DRILL INSTRUCTIONS

Restraint Chair Refresher

Course Summary:

This training will provide updated information related to a restraint chair placement. Students will review new policy and procedures and participate in a walk through exercise.

Course Objectives:

At the conclusion of this course, trainees will be able to:

- Identify applicable policy sections related to placement in a restraint chair.
- Identify symptoms of medical distress during a restraint chair placement.
- Successfully demonstrate proper application of the chair restraints.

Training Tips:

Policy sections to be covered:

- [I.89 Use of Force](#)
- [I.93 Use of Restraint Equipment](#)
- [Addendum F](#)

Instructions should be given on the procedures in the safe and effective application of chair restraints, tactical considerations, placement team composition, and duties prior to the drill. The entire team should participate in this training. The team sergeant must ensure that all participants have signed the training attendance roster. If you need any assistance or have any questions, please contact [REDACTED]