



San Diego County

SHERIFF

Kelly A. Martinez
Sheriff

Detention Services Bureau, Detention In-Service Training Unit

GC 7922.000 - Work Phone

May 14, 2024

TRAINING BULLETIN

Humane Restraint Devices

In certain situations, an incarcerated person (IP) needs to be restrained with additional devices due to their violent or self-harming behaviors. The purpose of this training bulletin is to show how to properly apply the Humane Restraint Hand Kuzi (Mitt) and the Hard-Shelled Protective Helmet with Face Shield.

In situations dealing with an incarcerated person known to be pregnant, in recovery after delivery, or in recovery after termination of a pregnancy, refer to Detention Services Bureau Policies and Procedures (DSB P&P) sections I.51, I.57, and M.38.

Application of the Humane Restraint Hand Kuzi (Mitt)

Anytime an IP is placed on a gurney by sworn staff, one deputy shall be designated as the "Safety Deputy."

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