

<b>Course Title:</b>		<b>Suicide Detection &amp; Prevention</b>			
<b>Certification:</b>		STC #05337921			
<b>Certification Date:</b>		07/13/23			
<b>Expiration Date:</b>		05/12/25			
<b>Review Date:</b>		05/01/24			
Time Block	Estimated Time	Topic	Objective/Activity	Brief Overview of Instruction	Instructor
0700-0730	30	Introduction to Course	Summarize Employee Assistance Programs	Information provided to the employees about Peer Support, The Counseling Team International, and other resources available to them.	DTU Staff/MHC
0730-0735	5	Introduction to Course	Course Topics & Objectives	Review course topics & objectives	DTU Staff/MHC
0735-0745	10	Introduction to Course	<b>ACTIVITY:</b> Introductions	Handout #1-Group Introduction Interview Questions	DTU Staff/MHC
0745-0755	10	Introduction to Course	NCCHC & Elements of a Suicide Prevention Program	NCCHC standards, Why training is important, and brief overview of the elements of a comprehensive suicide prevention program.	DTU Staff/MHC
0755-0805	10	BREAK			
0805-0815	10	Introduction to Course	Common Terms	Intro of CMHC Quiroz, review of common terms/definitions that will be utilized throughout the class.	DTU Staff/MHC
0815-0835	20	Stigma & Bias	<b>VIDEO:</b> Ted Talk on Stigma of Suicide	The class will watch the first 6 minutes of a TedTalk "The Cultural Taboos of Suicide and Mental Illness" (John Nieuwenburg) about what Stigma and Bias of Suicide is, and how it can affect those who need help. After the video, the class will discuss what "taboos" or stigmas of suicide they have or have seen in society.	DTU Staff/MHC
0835-0900	25	Staff Mindset About Suicides	<b>ACTIVITY:</b> Fact or Fiction?	Entire class will participate in "Fact or Fiction" game. Once answered, instructor & groups go over correct answers and why.	DTU Staff/MHC
0900-0920	20	Incarcerated person Suicide Research	National Study of Jail Suicides: 20 Years Later	Discuss characteristics of suicide victims, characteristics of suicides completed	DTU Staff/MHC
0920-0930	10	BREAK			
0930-0945	15	Risk Factors & Warning Signs	Basic Categories of Risk Factors	Explain the basics of each of the categories listed	DTU Staff/MHC
0945-1030	45	Risk Factors & Warning Signs	<b>ACTIVITY :</b> Risk Factors teach back	Each table/group will be given a sheet that is their assigned category (1- Correctional environments conducive to suicidal behavior, 2- Pre-Disposing Factors, 3 - High-Risk Periods, 4- Signs & Symptoms of suicidal behavior, 5 - Signs & Symptoms of Depression, 6 - Situational risk factors of suicidal behavior, 7 - Possible Preceptive Factors/stressors). Tables will list as many characteristics they can find for each and share findings with the class.	DTU Staff/MHC

1030-1040	10	BREAK			
1040-1105	25	Risk Factors & Warning Signs	Overview of Segregated housing/Isolation risks <b>ACTIVITY:</b> Separated Housing Group Discussion, <b>ACTIVITY:</b> Separated Video	Discuss the overall effects of separation and/or isolation. Facilitate discussion on why suicide risk increases in separation housing. Discuss risks specific to separation housing and placement in isolation. Show video about effects of isolation and discuss with attendees how to be aware of such risks.	DTU Staff/MHC
1105-1120	15	Protective Factors	Protective factors and IS PATH WARM acronym	Define protective factors, fixed, modifiable. Review QMHP Evaluation checklists, and review list of possible protective factors. IS PATH WARM- explanation of term and presentation of Protective Factors	DTU Staff/MHC
1120-1130	10	Suicide Despite Denial	Explain what topic means and give example	Instructor will explain and define what "suicide despite denial" means. The instructor will show a short video of Aaron Hernandez and explain lack of noticeable signs of depression and denial of risk.	DTU Staff/MHC
1130-1145	15	Suicide Despite Denial	ACTIVITY: Why do suicidal Incarcerated persons deny that they are suicidal?	Each group will list as many reasons why an Incarcerated person in our custody would deny feeling suicidal. Go around the room and have each group take turns giving a reason why. Discuss correct answers and explain further.	DTU Staff/MHC
1145-1245	60	LUNCH			
1245-1315	30	Communication	Bridges & Barriers to communication	Explain the 3 stages of communication, bridges & barriers, deliberate self-harm & why?	DTU Staff/MHC
1315-1325	10	BREAK			
1325-1340	15	Incarcerated person Suicide Liability	<b>ACTIVITY:</b> Missed Warning Signs	Instructor will show a video of man in jail in Doraville Georgia that practices suicide unnoticed before eventually killing himself. Instructor will discuss the missed warning	DTU Staff/MHC
1340-1405	25	Incarcerated person Suicide Liability	Deliberate Indifference, legal concerns, and liability	Explain the changes in lawsuits, how & why staff and departments are sued, tort action vs. civil action, deliberate indifference vs. negligence.	DTU Staff/MHC
1405-1415	10	Incarcerated person Suicide Liability	Review of Rosemary Summers Case	Instructor will review the case of Rosemary Summers and identify the costs/liability associated with the lack of custodial care.	DTU Staff/MHC
1415-1425	10	Incarcerated person Suicide Liability	<b>ACTIVITY:</b> Missed Signs - Blodgett	Dillon Blodgett ( article regarding case) Group activity to find warning signs and/or areas of liability	DTU Staff/MHC
1425-1435	10	BREAK			
1435-1500	25	Components of Facility Suicide Prevention Policy	SD Sheriff's Office Detention Safety Program	All roles explained, to include intake and screening assessments, staff observation/intervention, and treatment planning. One person from each discipline should explain as it relates to our current policies and procedures, and medical protocols.	DTU Staff/MHC

1500-1515	15	Documentation & Reporting	Current reporting procedures for staff observations	GC 7927.705 - CONFIDENTIAL BY FEDERAL / STATE LAW [REDACTED] [REDACTED]	DTU Staff/MHC
1515-1525	10	BREAK (15:15-15:20)			
		Guiding Principles & Best Practices	<b>OPTIONAL</b> The Future Moving Forward	Explain the guiding principles and best practices for the industry standard and what we are looking to move toward in the future.	DTU Staff/MHC
1525-1600	35	Course Review	<b>ACTIVITY:</b> Jeopardy Review	Review of all course content provided in the form of table/team challenges Jeopardy styled game.	DTU Staff/MHC

**9.00 HOURS**