

Course Title:		FIRST AID/CPR/AED REFRESHER (DSB)			
Certification:		STC # 07158040			
Certification Date:		04/16/19			
Expiration Date:		12/29/24			
Review Date:		05/22/24			
Time Block	Estimated Time	Learning Objective	Topic	Brief Overview of Topic/Instruction	Instructor
O700	O715	N/A	Introduction	Instructor Introduction and overview of course	POST Certified Instructor
O715	O800	MODULE 1	Legal Issues, EMS System, Safety Protocols, Victim Assessment, and Emergency Patient Movement	Overview of: Good Samaritan Law, Duty to Act, Gaining Consent, Maintaining Patient Confidentiality, HIPAA: Law Enforcement Purposes, San Diego Trauma System, Critical Incident Response, Safety Protocols, PPE & Scene Safety, Mass Casualty/Triage, Triage Cards, Initial Assessment, Focused Survey, Emergency Patient Movement, and Learning Activity #1	POST Certified Instructor
O800	O830	MODULE 2	Psychological Emergencies, Suicide Prevention, Referral of Incarcerated persons to Medical, Dental, Health Complaints	Overview of: Psychological Emergencies - Schizophrenia, PTSD, Depression, Borderline Personality Disorder, Bipolar Disorder, Incarcerated person Safety Program, Suicide Detection & Prevention, Incarcerated person Grievance, and Incarcerated person Requests	POST Certified Instructor
O830	O900	MODULE 3	Chest Pain, Heart Attack, Sudden Cardiac Arrest, Chain of Survival, Seizures/Stroke, and Diabetic Emergencies	Overview of: Chest Pain, Heart Attack Cause & Symptoms, Sudden Cardiac Arrest Cause & Symptoms, steps in the Chain of Survival, and Diabetic Emergencies (Coma/Shock).	POST Certified Instructor
O900	1000	MODULE 4	Basic Life Support Review: CPR & AED	Overview of: CAB - Compression, Airway, Breathing, Adult - Child - Infant one person or two person CPR, AED use, Basic Airway Management, Pocket Mask & BVM, Reasons to stop CPR, and Learning Activity #2	POST Certified Instructor
1000	1100	MODULE 5	Management of Foreign Body Airway Obstruction: Choking, and Facial Injuries	Overview of: Signs of Choking, Adult / Child Choking - Conscious & Unconscious, Infant Choking, Heimlich Maneuver, and Learning Activity #3	POST Certified Instructor
1100	1200	LUNCH BREAK			
1200	1330	MODULE 6	Traumatic Medical Emergencies & Tactical Casualty Combat Care (TCCC)	Overview of: Types of Bleeding, Types of Open Wounds, Open Wound Care, Chest Injuries, Abdominal Injuries, Head-Neck-Spine Injury, Fractures & Dislocations, Sprains & Strains, Splinting, Shock, Stop the Bleed, TCCC: PMARCHP & DCAPBTLIS, and Learning Activity #4	POST Certified Instructor
1330	1430	MODULE 7	Medical Emergencies, Environmental Emergencies, and Emergency Child Birth	Overview of: Asthma/COPD, Allergic Reaction, Anaphylaxis, EpiPen, Adverse Reaction to Medication, Stroke, Seizures, Diabetic Emergencies, Alcohol/Drug Emergencies, Drowning, Heat Emergencies, Cold Emergencies, Emergency Child Birth, and Obstetrical Emergencies.	POST Certified Instructor
1430	1530	MODULE 8	Burns, Poisoning, Bites & Stings, and CBRN	Overview of: Burn Types & Treatment, Burn Categories, CBRN protocols, Insect bites/stings, and Animal/human bites.	POST Certified Instructor
1530	1600	N/A	Written Exam, Evaluation, and Issue CPR Card	20 Question Exam , Review Exam, Course Evaluation, and Issue CPR Card to Students	POST Certified Instructor

HOURS