



Kelly A. Martinez
Sheriff

Detention Services Bureau, Detention In-Service Training Unit

GC 7922.000 - Work Number

San Diego County

SHERIFF

INTENSIFIED FORMAT TRAINING INSTRUCTIONS

Safety/Sobering Cell Refresher

Certification # 03686689

(Expiration Date: 07/26/2026)

Duration – 2 Hours

Course Summary:

This training exercise will focus on the policy, procedures, and duties related to a safety and/or a sobering cell placement. Students will participate in a discussion related to safety/sobering cell placements and will participate in a training scenario to incorporate proper safety procedures when placing an individual into a safety and/or sobering cell.

Course Objectives:

At the conclusion of this course, each trainee will be able to:

- Identify applicable policy sections related to safety/sobering cell placements.
- Identify behaviors that justifies a safety/sobering cell placement.
- Explain proper safety and tactical procedures when placing a safety/sobering cell.
- Identify medical staff's involvement with safety/sobering cell placements.

Training Tips:

Policy Sections to be covered:

- [J.1 Safety Cells- Definition and Use](#)
- [J.2 Sobering Cells- Definition and Use](#)
- [I.52 Strip and Pat Down Searches of Incarcerated Persons](#)

Instructions should be given on the procedures of safety and sobering cell placements. Instructions will include the proper placement, tactical considerations, placement team composition, and duties during the safety/sobering cell placements. The entire team should participate in this training.

Our goal as training staff is to strengthen facility staff's overall skillset to boost individual and organizational performance. Integrating facility health staff and other professional detention services during training will create a better understanding of everyone's roles, operational procedures, and

responsibilities during a critical incident. Working together will also effectuate a positive environment where we would work as one cohesive unit to accomplish our bureau's mission.

Please make it a priority to include facility health staff and other professional detention services during training, and remember to utilize the [Professional Staff Training Worksheet](#) to document their involvement. If you need any assistance or have any questions, please contact DTU GC 7922.000 - Work Number