



Kelly A. Martinez
Sheriff

Detention Services Bureau, Detention In-Service Training Unit

GC 7922.000 - Work Phone

San Diego County

SHERIFF

INTENSIFIED FORMAT TRAINING INSTRUCTIONS

Rescue Sled IFT
Certification # 08867166
(Expiration Date 05-03-25)
Duration – 2 Hours

Course Summary:

This training exercise will assist sworn and health staff in learning the proper procedures and techniques when responding to a medical emergency that requires lowering an incapacitated person down a set of stairs utilizing the rescue sled.

Course Objectives:

At the conclusion of this course, each participant will be able to:

- Identify individuals who would benefit from the use of a rescue sled.
- Demonstrate the functions of the rescue sled.
- Demonstrate proper safety protocols for utilizing the rescue sled.
- Demonstrate the proper mechanics when utilizing the rescue sled.

Training Tips:

Refer to policy and procedure sections:

- [M.5 Medical Emergencies](#)
- [M.6 Life Threatening Emergencies – Code Blue](#)
- [H.3 Evacuation Plans](#)
- Facility Green Sheets

All participants shall watch the [Rescue Sled Training Video](#) prior to the training. Instruction should be given on the related policy and procedure sections, staff safety and security issues, proper use of rescue sleds, backboards, gurneys, and rendering first aid. Coordinating this training with facility health staff is required. The entire team should participate in this training. The team sergeant must ensure all participants have signed the STC training roster.

As a training staff, we aim to strengthen facility staff's overall skillset to improve individual and organizational performance. Integrating facility health staff and other professional detention services during

training will create a better understanding of everyone's roles, operational procedures, and responsibilities during a medical emergency where the rescue sled is needed. Working together will also effectuate a positive environment where we work as one cohesive unit to accomplish our bureau's mission.

Please make it a priority to include facility health staff and other professional detention services during training, and remember to utilize the [Training Refresher and IFT Professional Staff Training Attachment](#) to document their involvement. If you need assistance or have questions, please contact DTU at SC 7922.000 - Work Ph

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