San Diego County Sheriff's Department Detention Services Bureau - Manual of Policies and Procedures

DATE: MAY 19, 2017

NUMBER: K.27

SUBJECT: DISCIPLINARY SEPARATION DIET RELATED SECTIONS: K.15; CCR TITLE 15, Section 1247

PURPOSE

To meet legal, medical and department guidelines in the use of the disciplinary separation diet.

POLICY

Food shall never be withheld from an inmate as a disciplinary measure. The disciplinary separation diet described in Section 1247 of Title 15, Minimum Standards for Local Detention Facilities, shall only be utilized for major violations of institutional rules or law violations.

PROCEDURE

- I. A disciplinary separation diet may be served after medical staff confirms that the inmate is not currently receiving a prescribed therapeutic diet, and with the written approval of the facility commander. This diet may not be served for longer than 72 hours without the facility commander's and physician's review.
- II. Disciplinary separation diets shall be served twice in each 24-hour period and shall consist of one-half loaf of the meatloaf described in Section 1247 of Title 15, or other equally nutritious diet. Two slices of whole wheat bread and at least one quart of drinking water, if the cell does not have a water supply, will also be served to the inmate. The use of this special diet shall constitute an exception to the three-meal-a-day standard (See DSB P&P Section K.15).
- III. When the facility commander wishes to provide an alternate disciplinary diet, a qualified nutritionist shall evaluate such a diet. It may then be submitted to the Board of State and Community Corrections for approval.
- IV. Staff members requesting that an inmate be placed on a disciplinary diet will prepare a Disciplinary Diet Order (J-6) form. The J-6 form will be routed with a rule violation report as follows:
 - A. Disciplinary review officer/watch commander
 - B. Medical staff (for confirmation that the inmate is not currently on a therapeutic diet)
 - C. Facility commander (for final approval)
- V. Food Services will prepare and serve the disciplinary separation diet upon receipt of a completed and signed J-6 form (copy).