

DATE:	OCTOBER 11, 2018
NUMBER:	K.7
SUBJECT:	MEDICALLY PRESCRIBED DIETS
RELATED SECTIONS:	K.1 , M.2

PURPOSE

To provide medically prescribed diets.

POLICY

Medically prescribed diets for inmates shall be provided as prescribed by a physician's written orders.

PROCEDURE

- I. The medical diets shall be prescribed by a facility physician and authorized by the Medical Services Division. The Sheriff's Food Services Division (FSD) dietician shall periodically review all prescribed medical diet orders to ensure compliance with dietary requirements.
- II. Medically prescribed diets, and allowable substitutes, are described on the medical diet menu on file in each detention facility kitchen.
- III. FSD staff shall retrieve and utilize the Diet List Report from JIMS daily, as needed.
- IV. FSD staff shall ensure the preparation of medical diets is in compliance with the written medical diet menus.
- V. It is the responsibility of the FSD supervisor, or designee, at each facility to review the medical diet trays for compliance with the medical diet menu prior to the delivery of each meal.
- VI. The FSD supervisor shall ensure that all medical diet tray labels (if utilized) shall be in accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPPA) (Public Law 104-191; 45 CFR 160 et seq.) Confidentiality in Medical Information Act California Civil Code S 56 et seq.) to ensure patient privacy. The tray labels shall only contain the inmate's name, housing unit, and booking number.
- VII. Sworn staff shall verify each medically prescribed diet is present on the meal delivery cart before leaving the kitchen. In facilities that do not have a sworn staff in the kitchen, the verification rests on the housing deputy.
- VIII. Whenever medical diets are transported to a separate dining area, the diets shall be signed for by the receiving agent to ensure the diets are given to the proper individual and treated as a medical prescription.
- IX. FSD staff will provide a form for each module containing medically prescribed diets. The form shall be signed by the sworn staff member receiving the diets and returned to the kitchen at the end of the meal for records retention.

- X. If the inmate refuses to accept the prescribed medical diet, the inmate must give a reason for the refusal. The inmate must fill out form J-223.