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| <b>DATE:</b>             | OCTOBER 10, 2018  |
| <b>NUMBER:</b>           | K.1   |
| <b>SUBJECT:</b>          | PROVISION OF A NUTRITIONALLY ADEQUATE DIET  |
| <b>RELATED SECTIONS:</b> | <a href="#">K.3</a> , <a href="#">K.5</a> , <a href="#">K.7</a> , <a href="#">K.8</a> |

**PURPOSE**

To establish guidelines for serving nutritionally adequate meals in all detention facilities.

**POLICY**

All inmates shall be provided a diet, which meets or exceeds Title 15 regulations.

**PROCEDURES**

- I. The Sheriff's Food Services manager shall compile a cyclical master menu. Each item on the menu is prepared from a written recipe kept on file in the Central Production Center (CPC) at the East Mesa Detention Complex.
- II. The Sheriff's food services dietitian shall annually review the cycle menu and recipes and determine its adequacy in meeting the recommended dietary allowances for each nutrient.
  - A. When deficiencies are found, the dietitian shall meet with the Sheriff's food services manager to revise the master menu.
  - B. Such revisions shall be included in the master menu and certified as meeting the requirements.
- III. Medically prescribed diets are described on the Special Diet plans, (as are allowed substitutes) on file in each detention facility kitchen. These diets shall be prescribed by a doctor and reviewed every thirty (30) days. A copy of the prescribed diet plans shall be kept on file in the detention facility kitchen and with the Medical Services Division.
- IV. Requests for religious diets and vegetarian diets will be processed according to DSB P&P Section K.8.